

YOU ARE SCHEDULED FOR INPATIENT SURGERY AT:

\* 86<sup>TH</sup> STREET ST. VINCENT Ortho Center - Door #8 (map attached) \*

~~CARMEL ST. VINCENT~~

On Monday, April 7th at 8 Am

Your surgery is scheduled with Dr. Dero

On Monday, April 7th at 10 Am

**PRE-SURGERY CHECK LIST**

DO NOT eat, drink or smoke after midnight the night before your surgery. This includes water, coffee, tea, juice, milk or chewing gum.

~~Bring a list of all medications that you are currently taking with you to the hospital.~~ Check with your doctor about what medicines you should continue to take the morning of surgery. *I will call you closer to the day of surgery Re: these instructions*

Please remember to bring a contact case or glass case for your eye ~~wear~~ if needed. DO NOT wear or bring jewelry or other valuables (money, credit cards etc) to the hospital.

If you have a change in your physical condition before surgery such as cold, fever, persistent cough, vomiting or a rash, contact your physician.

\* Labs are to be done The pregnancy evaluation center & St. V's Ortho Center will call you to schedule your pre-op labs to be completed.

~~If you are under age 65, we request that you bring any prescription medications that you take on a daily basis with you to the hospital in their original prescription containers. Use of these medications will result in savings to you.~~

Please discontinue all anti-inflammatory medicines and any aspirin product 10 days prior to surgery. You may take Tylenol for pain.

\* Please discontinue all Herbal Supplements  
~~Be sure to complete the "Patient Health Profile" and bring it to the hospital the day of your surgery.~~

~~Please remember to bring your crutches, cane or walker to the hospital.~~

~~YOUR POST-OP APPOINTMENT IS SCHEDULED FOR~~ \_\_\_\_\_

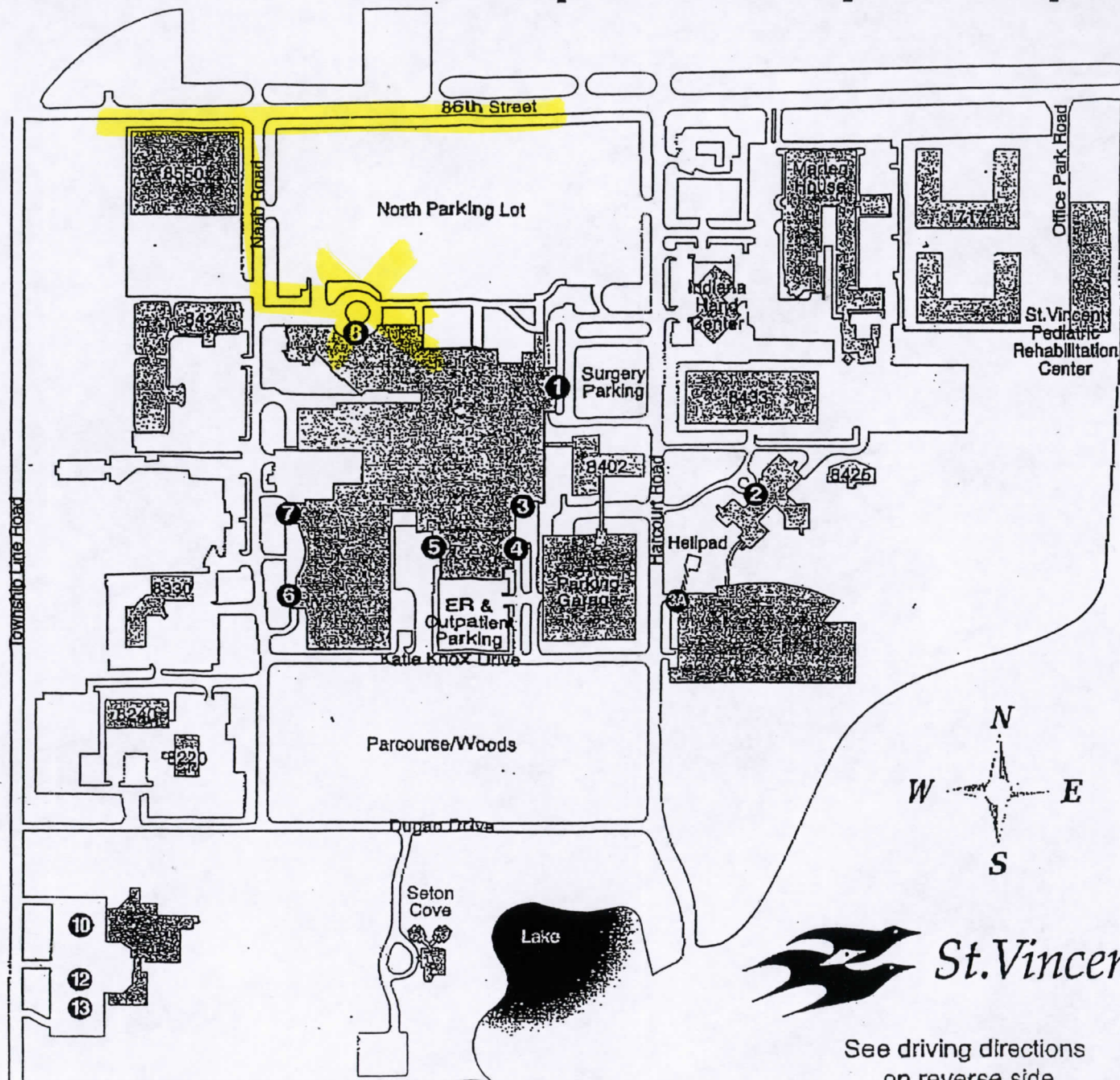
*Thanks!  
Nehlsary*



## Entrance Locations

- 1 St. Vincent Hospital Main Entrance
- 2 St. Vincent Stress Center/ Sleep Disorders Center
- 3 St. Vincent Hospital Outpatient Entrance
- 3A St. Vincent Oncology Center
- 4 St. Vincent Children's Hospital
- 5 St. Vincent Hospital Emergency Entrance/ Hilbert Pediatric Emergency Department
- 6 Indiana Heart Institute/ Indiana Neuroscience Institute
- 7 St. Vincent Cardiac Services
- 8 St. Vincent Orthopedic Center**
- 10 St. Vincent Women's Hospital Main Entrance
- 12 8091 Medical Office Building
- 13 8081 Medical Office Building

# St. Vincent Indianapolis Campus Map



*St. Vincent*

See driving directions  
on reverse side

## ASPIRIN CONTAINING PRODUCTS

Advil  
Alka Seltzer  
Alka Seltzer Plus  
Aluprin  
APC  
Anacin  
Anacin Maximum Strength  
Arthralgan  
Arthropan  
Arthritis Pain Formula  
Ascriptin  
Ascriptin A/D  
Aspergum  
BC Powder/Tablets  
Bancap  
Bufferin  
Cama In Lay Tablets  
Cenaid  
Codimal  
Congespirin  
Coricidin  
Coricidin D  
Cosprin  
Cystex  
Dasikon Capsules  
Dasin Capules  
DeWitts Pills  
Diurex ES Menstrual Pain Relief  
Doans Pills  
Duradyne Forte  
Duragesic  
Ecotrin  
Empirin

Encaprin  
Excedrin  
Excedrin PM  
4 Way Cold Tablets  
Goody's Headache Powders  
Kaodene  
Kolephrin  
Medache Tablets  
Midol  
Mobigesic  
Momentum  
Nuprin  
Oscal Gesic  
Pepto Bismol  
Persistin  
Quiet World  
Rhinale  
Rhinocaps  
Rhinogesic  
Rid A Pain  
Saleto D Caps  
Sal Fayne  
Salphenine  
Salphenyl Capsules  
Salsprin  
Sine Off  
Sinexin Capsules  
Sino Comp Tablets  
Sinulin Tablets  
St. Joseph Cold Tablets  
Triaminicin  
Vanquish  
Viromed

DO NOT TAKE ANY OF THE ABOVE PRODUCTS for 10 DAYS  
prior to surgery.

Also, Do NOT TAKE ANY ANTI-INFLAMMATORIES FOR 10 DAYS  
Prior to surgery. (IE: VIOXX, CELEBREX, MOTRIL, ETC.)  
IBUPROFEN, AVEVE, ETC.



# HERBAL SUPPLEMENTS, NUTRACEUTICALS and Surgery

*IF YOU ARE SCHEDULED* for surgery, and are presently taking any herbal supplements or nutraceuticals, please inform your primary care physician and surgeon. **Surgery patients should generally stop taking herbal supplements and nutraceuticals two weeks prior to surgery.** The following list of popular herbal supplements and nutraceuticals could cause complications during surgery.

- 5-HTP
- Aloe
- Astragalus
- Bee Pollen
- Bilberry
- Black Cohosh
- Bovine Colostrum
- Bromelain
- Cascara Sagrada
- Cat's Claw
- Cayenne
- Chromium
- Coenzyme Q10
- Cranberry\*
- Damiana
- Devil's Claw
- Dong Quai
- Echinacea
- Evening Primrose Oil
- Feverfew
- Fish oils
- Flaxseed
- Garlic
- Ginger
- Ginkgo Biloba
- Ginseng – Asian, Korean, Siberian
- Glucosamine Sulfate/Chondroitin Sulfate
- Goldenseal
- Gossypol
- Gotu Kola
- Grapeseed Extract
- Green Tea
- Guarana
- Hawthorn
- Kava Kava
- Lecithin
- Ma Huang
- Melatonin
- Milk Thistle\*
- Methylsulfonyl Methane
- Pyridoxine
- Royal Jelly
- SAME
- Sarsaparilla
- Saw Palmetto
- Spirulina
- St. John's Wort
- Stinging Nettle
- Valerian
- Vitamin E
- Weight Loss Supplements
- Yerba Mate
- Zinc

*Nutritional oil*

\*No known interactions and/or complications

For more information, contact your ~~primary care physician, surgeon, or St. Vincent~~  
~~Surgery Evaluation Center at 217-338-3346 or check the herbal list on our~~  
~~web site: [www.stvincent.org](http://www.stvincent.org)~~



THE SPIRIT OF CARING®



Patient  
Patient  
Physici

1063702044 000077-29-02  
ROBBINS, WALTER C  
DRO, DANIEL W

03/19/1918  
04/07/08

DEPARTMENT OF HEALTH & HUMAN SERVICES  
Centers for Medicare & Medicaid Services  
OMB Approval No. 0938-0692

## AN IMPORTANT MESSAGE FROM MEDICARE ABOUT YOUR RIGHTS

### AS A HOSPITAL INPATIENT, YOU HAVE THE RIGHT TO:

- Receive Medicare covered services. This includes medically necessary hospital services and services you may need after you are discharged, if ordered by your doctor. You have a right to know about these services, who will pay for them, and where you can get them.
- Be involved in any decisions about your hospital stay, and know who will pay for it.
- Report any concerns you have about the quality of care you receive to the Quality Improvement Organization (QIO) listed here HealthCare Excel - PO Box 3713 - Terre Haute, IN 47803  
(800) 288-1499 TTY (800) 743-3333.

### YOUR MEDICARE DISCHARGE RIGHTS

**Planning For Your Discharge:** During your hospital stay, the hospital staff will be working with you to prepare for your safe discharge and arrange for services you may need after you leave the hospital. When you no longer need inpatient hospital care, your doctor or the hospital staff will inform you of your planned discharge date.

#### If you think you are being discharged too soon:

- You can talk to the hospital staff, your doctor and your managed care plan (if you belong to one) about your concerns.
- You also have the right to an appeal, that is, a review of your case by a Quality Improvement Organization (QIO). The QIO is an outside reviewer hired by Medicare to look at your case to decide whether you are ready to leave the hospital.
  - If you want to appeal, you must contact the QIO no later than your planned discharge date and before you leave the hospital.
  - If you do this, you will not have to pay for the services you receive during the appeal (except for charges like copays and deductibles).
- If you do not appeal, but decide to stay in the hospital past your planned discharge date, you may have to pay for any services you receive after that date.
- Step by step instructions for calling the QIO and filing an appeal are on page 2.

To speak with someone at the hospital about this notice, call Case Management (317) 338-2690.

Please sign and date here to show you received this notice and understand your rights.

Walter C. Robbins  
Signature of Patient or Representative

4-7-2008  
Date